

November 2017

# DALAND SWIM CAMP

## School's Out Swim Camps



for Veterans' Day  
Friday, Nov. 10  
8:30 – 3:00 pm  
Swim & Fun Camp  
Advanced Camp



for Thanksgiving  
Wednesday, Nov. 22  
8:30 – 3:00 pm  
Swim & Fun Camp  
Stroke School Camp

805.495.5210



### Swim & Fun Camp

\$55 per day

**Able to swim 25 yards confidently.**

A camp for kids to have fun and develop a love for swimming! Activities both in and out of the pool. Each day there is a 40 min. swim lesson working on safety skills and beginning strokes.

### Advanced Camp

\$55 per day

**Daland White Squad or better**

Designed for swimmers serious about the sport. Must have Daland coach permission to participate. Campers are welcome to try-out.

### Stroke School Camp

\$55 per day

**Able to swim all 4 strokes confidently.**

Geared for swimmers either on team or interested in joining team. The primary focus is technique. Swimmers are divided up by abilities.

American Red Cross

### Jr. Lifeguard Camp

\$135 for 3 days

Safety & skills training for aspiring lifeguards. Get your 1 year JG certification

- CPR & AED
- First Aid
- Water Rescue
- Spinal Backboard Rescue
- Choking Rescue



www.DalandSwim.com