

**JANUARY 2019**

# DALAND SWIM SCHOOL

## Lap & Family Swim Hours

### LAP POOL

Open 7-days-a-week, year 'round

#### MONDAY - THURSDAY

6:30 am to 10:00 am

11:30 am to 2:00 pm

➔ 7:10 pm to 8:10 pm

(Limited lanes 7:10pm - 8:10pm Tues & Thur)

#### TUESDAY (kids swim free)\*

1:30 pm to 3:00 pm

#### FRIDAY

6:30 am to 10:00 am

(Limited lanes 6:30-7:30am)

11:30 am to 2:00 pm

➔ 6:30 pm to 7:30 pm

#### SATURDAY

8:00 am to 5:00 pm

#### (Members swim free & Friends \$5)\*\*

11:00 am to 1:00 pm

#### SUNDAY

9:00 am to 5:00 pm

Enjoy swimming all year round,  
family fun for every one.

STUDENT	Monthly	\$25
INDIVIDUAL	Monthly	\$50
FAMILY	Monthly	\$90
SENIOR (65+)	Monthly	\$35

**Bring the whole family!**

**Add a FAMILY membership for  
\$50/mo (\$40 savings)  
when enrolled in lessons.**

\*Open to the community, kids swim free (14 and under) on Tuesdays from 1:30pm-3:00pm and must be accompanied by an adult

\*\*Any participant in a Daland program, may swim free of charge on Saturdays from 11:00am-1:00pm. Friends of member reduced guest fee of \$5.00

**JANUARY 2019**

# DALAND SWIM SCHOOL

## Lap & Family Swim Hours

### LAP POOL

Open 7-days-a-week, year 'round

#### MONDAY - THURSDAY

6:30 am to 10:00 am

11:30 am to 2:00 pm

➔ 7:10 pm to 8:10 pm

(Limited lanes 7:10pm - 8:10pm Tues & Thur)

#### TUESDAY (kids swim free)\*

1:30 pm to 3:00 pm

#### FRIDAY

6:30 am to 10:00 am

(Limited lanes 6:30-7:30am)

11:30 am to 2:00 pm

➔ 6:30 pm to 7:30 pm

#### SATURDAY

8:00 am to 5:00 pm

#### (Members swim free & Friends \$5)\*\*

11:00 am to 1:00 pm

#### SUNDAY

9:00 am to 5:00 pm

Enjoy swimming all year round,  
family fun for every one.

STUDENT	Monthly	\$25
INDIVIDUAL	Monthly	\$50
FAMILY	Monthly	\$90
SENIOR (65+)	Monthly	\$35

**Bring the whole family!**

**Add a FAMILY membership for  
\$50/mo (\$40 savings)  
when enrolled in lessons.**

\*Open to the community, kids swim free (14 and under) on Tuesdays from 1:30pm-3:00pm and must be accompanied by an adult

\*\*Any participant in a Daland program, may swim free of charge on Saturdays from 11:00am-1:00pm. Friends of member reduced guest fee of \$5.00

# DALAND SWIM SCHOOL

Please follow these  
**OPEN /LAP SWIM RULES**  
for everyone's safety.

**The lifeguard on deck is charged with the safety of all swimmers, please do not distract lifeguard's ON DUTY.**

## GENERAL RULES- FOR BOTH POOLS

Guests pay \$8 for an all-day swim path, either pool.

An adult must supervise all children under 14 years old.

Children under 3 years (and those not potty trained) are required to wear both the disposable swim diaper and a re-usable, rubber lined swim diaper as well.

No floatation devices allowed (i.e., rafts, noodles, floaties, water wings.) Daland provided life-jackets are okay.

No holding onto other swimmers at any time.

Children may not jump or dive from the edge.

## - SAFTEY FIRST -

**Swimmers must obey all life-guard instructions.**

### ADDITIONAL LESSON POOL RULES

- No fins, kickboards or pull buoys allowed.
- No diving or jumping from the side
- Please be considerate to instructors teaching lessons.
- Swimmers may not go beyond the blue line.
- Water slides are **ONLY** for students in swim lessons.
- **PLEASE DO NOT USE THE DALAND SWIM SCHOOL TEACHING AIDS. THEY MAY LOOK LIKE TOYS,** but our instructors need them for children in swim lessons.

### ADDITIONAL LAP POOL RULES

- Do not play or swim near the stairs while lessons are being taught.
- Do not sit or hang on the lane lines.
- Do not dive.
- Please share lanes when possible.
- Please move to another lane, if an instructor needs to teach in the lane.

# DALAND SWIM SCHOOL

Please follow these  
**OPEN /LAP SWIM RULES**  
for everyone's safety.

**The lifeguard on deck is charged with the safety of all swimmers, please do not distract lifeguard's ON DUTY.**

## GENERAL RULES- FOR BOTH POOLS

Guests pay \$8 for an all-day swim path, either pool.

An adult must supervise all children under 14 years old.

Children under 3 years (and those not potty trained) are required to wear both the disposable swim diaper and a re-usable, rubber lined swim diaper as well.

No floatation devices allowed (i.e., rafts, noodles, floaties, water wings.) Daland provided life-jackets are okay.

No holding onto other swimmers at any time.

Children may not jump or dive from the edge.

## - SAFTEY FIRST -

**Swimmers must obey all life-guard instructions.**

### ADDITIONAL LESSON POOL RULES

- No fins, kickboards or pull buoys allowed.
- No diving or jumping from the side
- Please be considerate to instructors teaching lessons.
- Swimmers may not go beyond the blue line.
- Water slides are **ONLY** for students in swim lessons.
- **PLEASE DO NOT USE THE DALAND SWIM SCHOOL TEACHING AIDS. THEY MAY LOOK LIKE TOYS,** but our instructors need them for children in swim lessons.

### ADDITIONAL LAP POOL RULES

- Do not play or swim near the stairs while lessons are being taught.
- Do not sit or hang on the lane lines.
- Do not dive.
- Please share lanes when possible.
- Please move to another lane, if an instructor needs to teach in the lane.