

MAY 2019

DALAND SWIM SCHOOL

Lap & Family Swim Hours

LAP POOL

Open 7-days-a-week, year 'round

MONDAY - THURSDAY

6:30 am to 10:00 am
11:30 am to 2:00 pm
7:10 pm to 8:10 pm

(Limited lanes 7:10pm - 8:10pm Tues & Thur)

TUESDAY (kids swim free)*

1:30 pm to 3:00 pm

FRIDAY

6:30 am to 10:00 am
(Limited lanes 6:30-7:30am)
11:30 am to 2:00 pm
6:30 pm to 7:30 pm

SATURDAY

8:00 am to 5:00 pm

(Members swim free & Friends \$5)**

11:00 am to 1:00 pm

SUNDAY

9:00 am to 5:00 pm

SMALL POOL

May through October

MONDAY THROUGH THURSDAY

3:20pm to 6:30pm

FRIDAY

3:20pm to 5:45pm

SATURDAY

9:30am to 5:00pm

SUNDAY

11:00am to 5:00pm

*Open to the community, kids swim free (14 and under) on Tuesdays from 1:30pm-3:00pm and must be accompanied by an adult

**Any participant in a Daland program, may swim free of charge on Saturdays from 11:00am-1:00pm.

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DALAND SWIM SCHOOL

Please follow these
OPEN /LAP SWIM RULES
for everyone's safety.

The lifeguard on deck is charged with the safety of all swimmers, please do not distract lifeguard's ON DUTY.

GENERAL RULES- FOR BOTH POOLS

Guests pay \$8 for an all-day swim path, either pool.

An adult must supervise all children under 14 years old.

Children under 3 years (and those not potty trained) are required to wear both the disposable swim diaper and a re-usable, rubber lined swim diaper as well.

No floatation devices allowed (i.e., rafts, noodles, floaties, water wings.) Daland provided life-jackets are okay.

No holding onto other swimmers at any time.

Children may not jump or dive from the edge.

- SAFTEY FIRST -

Swimmers must obey all life-guard instructions.

ADDITIONAL LESSON POOL RULES

- No fins, kickboards or pull buoys allowed.
- No diving or jumping from the side
- Please be considerate to instructors teaching lessons.
- Swimmers may not go beyond the blue line.
- Water slides are **ONLY** for students in swim lessons.
- **PLEASE DO NOT USE THE DALAND SWIM SCHOOL TEACHING AIDS. THEY MAY LOOK LIKE TOYS,** but our instructors need them for children in swim lessons.

ADDITIONAL LAP POOL RULES

- Do not play or swim near the stairs while lessons are being taught.
- Do not sit or hang on the lane lines.
- Do not dive.
- Please share lanes when possible.
- Please move to another lane, if an instructor needs to teach in the lane.

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